



E-mail us at info@carefield.co.uk



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Carefield

Support Services



POSITIVE OUTCOMES



EMPOWERMENT



INCLUSION



INDEPENDENCE





ABOUT US

Carefield Support Services are CQC registered service specialising in providing supported living services for adults with Autism, Learning Disabilities and complex needs. All our supported living services provide personalised support packages of up to 24hours, including overnight support where required. The service can be provided within the family home or their own private accommodation. We provide flexible support packages



The support provided is person-centred and specifically tailored to meet every unique need, underpinned by our philosophy that every individual has the right to live the life they choose for themselves.



We work in close partnership with the people we support, their families, carers and health professionals, we deliver high quality services that support people on their unique pathway to independence.



> EMPOWERING YOU TO INDEPENDENCE

> Qualified & Friendly Staff

Our enthusiastic and highly trained staff team will ensure the right support from the beginning which can include support with maintaining tenancy, managing finances, dealing with correspondence, accessing education, training and employment, daily living skills such as cooking and healthy eating, building confidence, resilience and self-esteem and accessing community services.



Multi-disciplinary Approach <

In order to achieve the best possible outcomes, we also work in close partnership with health and social care professionals, housing, education and vocational training providers and employers.

We listen to each person to understand what they would like to achieve in life. We then work closely with them, their family, circle of support and other professionals to define goals and work together to achieve them. Through our outcome focused approach, we provide support that is designed around each person's individual needs.



SUPPORTING YOU WITH LIFE SKILLS

We provide a variety of services to help meet a range of unique support needs



EDUCATION & EMPLOYMENT

- Adult education classes
- Learning & employment
- Drop-in sessions
- Access to volunteering
- Museums
- Use of libraries
- Access to internet



COMMUNITY & LEISURE

- Community networks
- Personal safety, security & travel training
- Daytime activities
- cultural, faith & religious events
- Holidays
- Cinema, theatre, music events & festivals
- Pubs, restaurants and parks
- parties and BBQ's

HOME LIVING SKILLS

- Cooking
- Cleaning
- Shopping
- Menu planning
- Laundry
- Gardening
- Learning daily living skills

HOUSE AND FINANCE



Management of finances



Bill payments



Benefits



Banking



Budgeting



Tenancies



Housing related issues

HEALTH AND FITNESS



Health & medical appointments



Medication & personal care



Health Action Plans



Fitness classes



Walking & cycling



Training for sporting events



Football & other team sports



SUPPORTED LIVING

Our supported living services provide independent living to people in a wide range of settings including independent flats and shared accommodation, directly provided by landlords, or in people's own homes. This ranges from round the clock one-to-one support to a few hours targeted support each week, shaped by the person.

- ✓ Creating a support environment within the community aimed at people seeking greater independence
- ✓ Providing privacy and independence of living in their own home
- ✓ Trialing independence within a risk managed setting
- ✓ 24/7 support if required
Person-centred support plans for individual needs
- ✓ Social and reintegration events with peer support focus
- ✓ Enhancing confidence, building life skills and maximizing working opportunities
- ✓ Embracing the latest technology to build effective processes

YOUR JOURNEY WITH CAREFIELD

1

INDIVIDUAL REFERRED TO CAREFIELD SUPPORT SERVICES

2

COMPREHENSIVE PRE-ASSESSMENT CARRIED OUT

3

SUITABLE ACCOMODATION IS IDENTIFIED ACCORDING TO YOUR CHOICE

4

MOVE INTO YOUR PRIVATE ACCOMODATION

5

PERSONALISED SUPPORTED PATHWAY PLAN PUT IT IN PLACE TO INDEPENDENT LIVING, EDUCATION AND EMPLOYMENT



CONTACT US: For Enquiries please contact via



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